

Parents Council Archived Newsletter Articles
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Spring 2010

Teen Brain Questionnaire
Are you an Over-protective Parent?
10 Things Teens Wish Their Parents Knew
Safe User Agreement - Cell Phone Contract
New Tennessee Law Bans Texting While Driving
PCN Board Members
Myths and Facts About Young Adults and Drinking

Spring 2009

Combating Likespeak in our Teens
Halting the Commercial Exploitation of our Children -
Friends of Metro Schools
Silence Isn't Golden. It's Permission
Helping Teens Develop Refusal Skills
Room for Margin in our Lives

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[Fall 2008 -](#)

How Our Children Learn- determining your child's strengths and weaknesses
How to Protect Your Computer- Safety Tips
Super Mom Retires Her Cape
The Choking Game

[Spring 2008 -](#)

Goal Setting With Children: Motivating your child without nagging or directing
Internet Etiquette for Kids (Internetiquette)
Confessions of a Recovering Helicopter Parent
Letting Kids Own their Successes and their Failures

[Fall 2007-](#)

Youth and Happiness: How Sex, Money, Race, Family and Technology Affect the Current and Future Happiness of Americas Youth
Drug and Violence Education
Parents Guide to Online Acronyms
How to Raise an Uncool Child

[Fall 2006 –](#)

10 Commandments of Parenting
Teenage Moodiness or Clinical Depression?
The Cat Years: While Children are Dogs, Teen-agers are Cats.
Students, Substances, and Social Norms
Cell Phone Etiquette
Bullying: It's Hurting Our Kids

[Spring 2006](#)

Avoiding Civil Liability
A Window into the "MySpace" Generation
Don't Just Survive... Thrive!
Internet Safety Information

[Spring 2005](#)

The New SAT Shouldn't Create New Stress
Designer Drugs and Generation X

[Spring 2004-](#)

Eating Disorders
Living with (and through) Adolescence
Finding a School for Your Child

[Fall 2003 -](#)

Depression in teens
Risk Behaviors of Nashville's Youth: 2003
Balancing our Life
Print Resources for Parents
Why is Ecstasy So Popular Today?
Jobs, Volunteer Work, and Babysitting

Fall 2004 -

Newest Edition of the Resource Book for Parents: A Delicate Balance
When Your Child has Friends Over to Your House

Socializing on the Computer

Cell phones

Need Help! Call 211